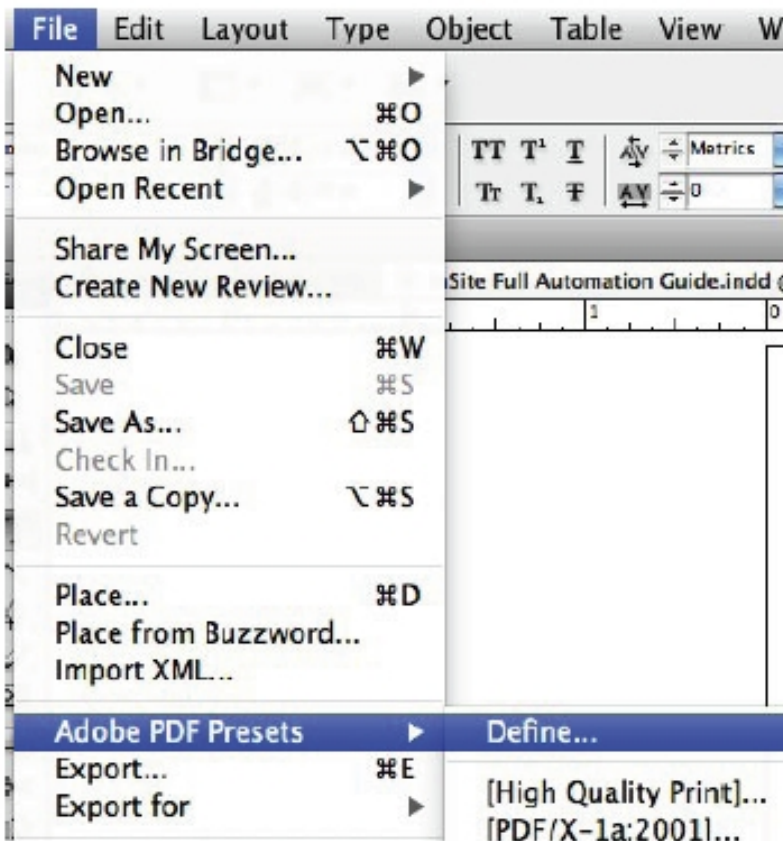


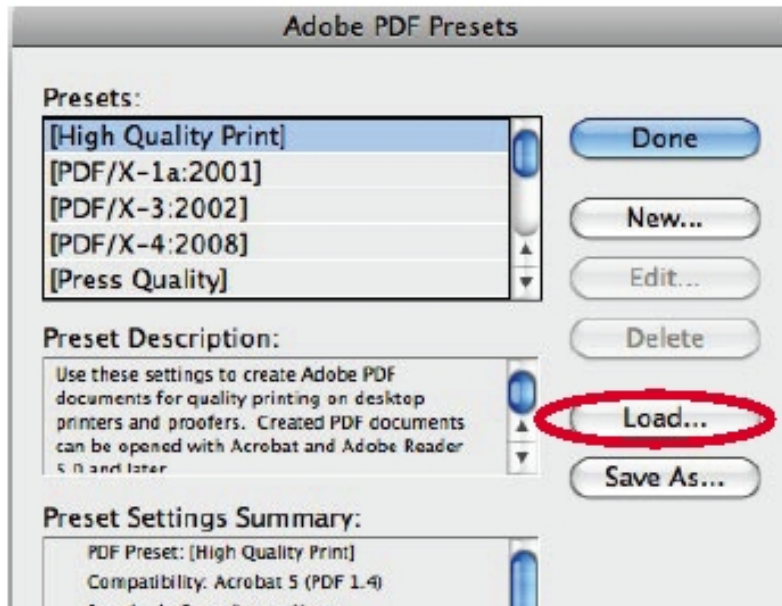
The Export Presets for PDF export is a crucial element to having your document printed correctly. Follow these steps to install the recommended Cummings Presets for either Indesign or Quark.

Adobe Indesign

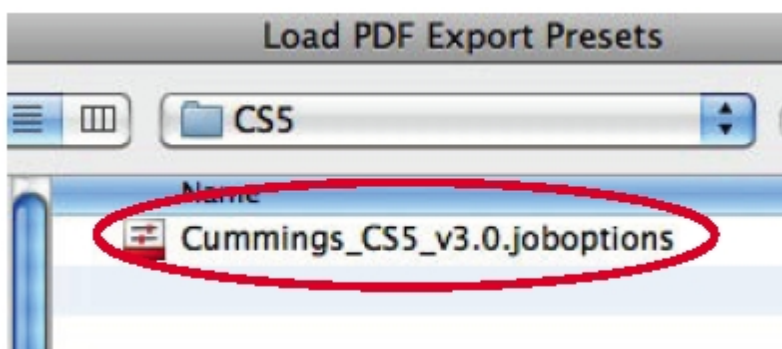
1. If you have not already, download the Presets for your version of Adobe Indesign [here](#) .
2. Open Adobe Indesign and select **File / Adobe PDF Presets / Define**.



3. Select the **Load** button.



4. Select the preset that you downloaded.



5. Select **Done** and the Cummings PDF Export will be available in your Export menu.

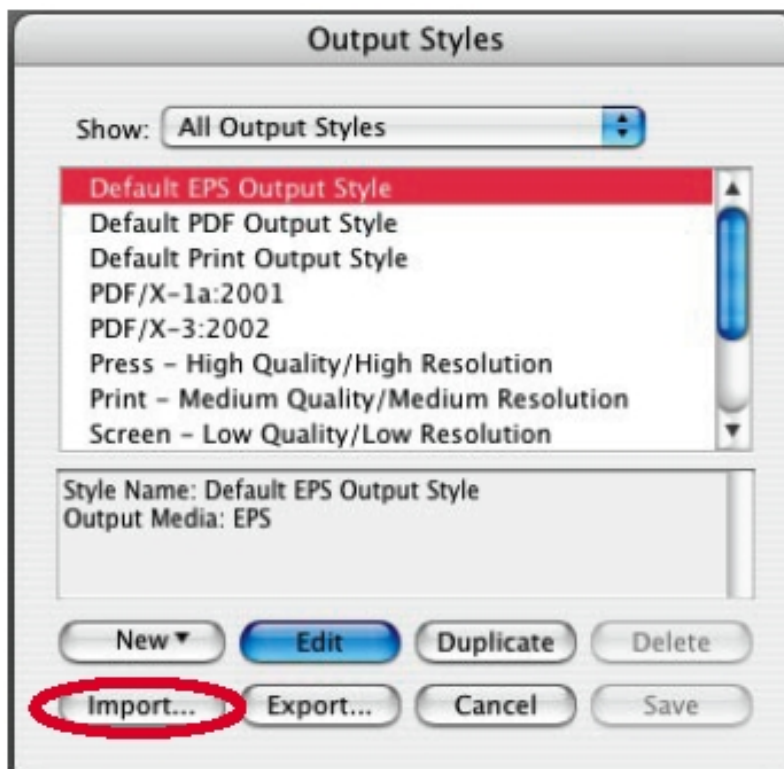
Monday, 18 April 2011 12:44 - Last Updated Monday, 18 April 2011 14:02



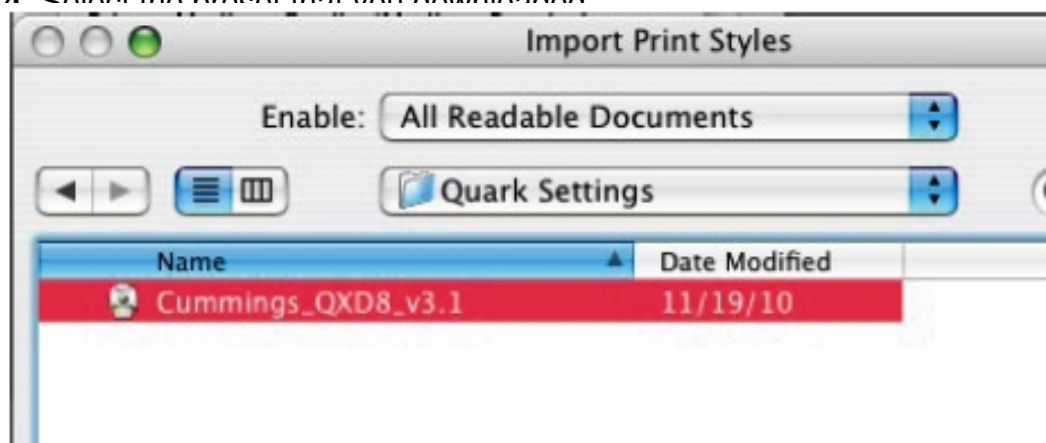
1. *Journal of the American Medical Association*, 1997; 277: 1039-1043.



3. Select **Import**.



4. Select the preset that you downloaded.



5. Select **Save** and the Cummings PDF Export will be available in your Export menu.

